

Look at tie breaker clauses in Tax-treaty Or Double treaties or exchange of Information

Bulgaria

Estonia

US LLC

Bar Ba Dos

How/when to fight.

Destroy laziness.

Philosophy and life goals.

Financial management.

Female nature.

Marry a woman that has good relationship with her dad.

Associate pleasure in effort not the reward

It's better to be a warrior in a garden, then Gardner in a war.

Be ruthlessly ambitious, then learn to control it.

Don't wish it was easier, wish you were better.

Don't wish for less problems, wish for more skills.

Don't wish for less challenges, wish for more wisdom.

We have a capacity for consciousness, to confront potential & turn it into something good. That's the individual as the cornerstone of the state. It's our responsibility. It's the purpose of your life, not to be happy. There're problems to solve, be happy after.

You will give Society what it wants, but does not yet know how to get at scale

Accountability

Specific knowledge

Leverage

We learn things painfully. A part of you has to die, that's the pain. Life is constant process of death & rebirth. Unlike any other creature, we can let our old selves die & new selves be born.

We get paid for bringing value to the marketplace. It takes time to develop value, but we don't get paid for time.

Choose brotherhood, boldness, dignity, masculinity, determination, strength
purpose & discomfort.

Human greatness is not discovered until it is tested. We must be hardened against
fortune by fortune itself.

Boys are confident, men are certain.

We are what we repeatedly do. Excellence is not an act, but a habit.

The fool deserves to be fooled.

How to Sell

1- People want water when they're on fire. As soon as I have time is never

2- People don't care if they succeed. They care whether or not they fail

My unmatched perspicacity coupled with my sheer indefatigability makes me a feared opponent in any realm of human endeavor.

If you had to talk, but not about movies, music or anything on Internet, you would run out of things to talk about. Your thoughts are useless. Talk about your own experiences & things you've done & your true thoughts/opinions.

When was last time you said something insightful. When was the last time you made some body think

The richest place is the grave. That is where you'll find all the maybes & the could haves been, the idea & ambitions that you could have brought into the world. But they died with you.

Just like muddy water that is not suitable for consumption, so is a disturbed mind unsuitable for usage. Even the most disturbed mind will return to its calm state with time

You reap what you sow, yes but...

Yes but...

The farmer plants his crop in the Spring. Takes care of it, loves his family, works like a dog, 6-7 days a week & is an honorable man. Come fall, he has a beautiful crop which he deserves. The day he sends the combine into the field a hail storm beats all to the ground. Which means, you lose. It's that kind of planet. Need to be ready to lose.

If you wanted to gift Something to someone, but they didn't accept it to whom does the gift belong to?

That is how you protect your energy from negative & toxic people.

I know I am pure spirit, that I have always have been & will always be. Inside me, there's a place of confidence, quietness & Security where are all things are known & understood. This is God's Universal mind, which I'm part & responds to me. In the strength of my belief, no matter what obstacle or undesirable circumstance I refuse to accept it as it is an illusion.

Top meats for healthy diet

- Chicken
- Crab
- Eggs
- Beef liver/heart
- Rabbit
- Salmon
- Bison
- Shrimp
- Steak

Top oil/fats

- Avocado oil
- Olive oil → Don't cook
- Ghee
- Hazelnut

Top Vegetable

- Onions
- Carrot
- Garlic
- Romaine lettuce
- Beetroot
- Sweet potato
- Spinach

No one wants to go to the extra mile, because it sucks. It's miserable, it's lonely. It's so easy to be great these days because most people are weak.

what can say I got to like you?

You eat every day?

Clothes on your back

Roof on your head

Why you think that is? It's my responsibility.

I don't give you everything, but I save you your life.

Don't go through life worrying if someone like you or not but you make sure they're doing right by you.

Life is 90% rowing, & 10% sunsets. Unless you enjoy the rowing, you'll have a very miserable life.

Your problem is not a lack of money, technology, or resources It's a lack of psychology.

Work hard. When you take a break, take a break. Not your phone Freedom is more important than entertainment.

Marriage is risky. Not married is riskier.

Investing is risky. Not Investing is riskier.

Having kids is risky. Not having kids is riskier.

starting a business is risky. Being employee is riskier.

You won't get out of it alive.

It's all risk, you might as well try.

Ingredients to avoid

- Soybean Oil
- Maltodextrin
- Added Starch/Cornstarch
- Sodium propionate
- Added rice/Tapioca flour
- Glyphosate
- Sodium phosphate
- Sodium Nitrate
- Hops & Soy bean
- Maltitol
- Fortified or enriched foods
- Plastic, parabens, phtalate, teflon

A mind that's all logic; is like a knife that's all blade. It makes the hand bleed that uses it.

If you rest too long, the weeds will take the garden.

All you have to do is work harder on yourself, than you do on your job.

The poor spend their money & invest what is left.

The wealthy invest their money & spend what is left

Things don't just happen

Things happen just.

Handle the upcoming winters. Don't wish away the winters; that's naive Wish for the skills, the strength.

The best of human maturity is no apology if you've done well & no complaint if you have not.

Love like a mother Hate like a father Don't let the weeds take your garden Deal with your enemies.

Stoic lessons

- 1- Ignore what others are doing.
- 2- Your reality is made from your opinion.
- 3- Do less.
- 4- Death is knocking at door.
- 5- You are stronger than you think.

At the end of each week, take time to reflect.

At the end of each month, take time to reflect.

At the end of each year, take a weekend to reflect.

Go over your calendar. Where did you go, who did you see. How did it feel, what were your challenges.

Go over what you read, what you saw, what you heard.

Need to reflect on past time, to ensure it's captured in your experience bank.

Countries without CBDC

- Ecuador
- Panama
- Serbia
- Kuwait
- Croatia

You could change.

You should change.

You won't change.

In 5 years, you'll be explaining instead of celebrating.

If you will, the miracle belongs to you.

Stress is being here, but wanting to be there.

Don't speak negatively of yourself not even as a joke.

The body doesn't know the difference.

Words are energy & cast spells.

That's why it's called "spelling"

You lack motivation?

You truly lack self-respect.

My Charisma is my super power which allowed me to live the best human experience.

You need to have honor, be reliable dependable & loyal & never stab anybody in the back.

No matter how smart you do it No matter how much money you make from it, it's like a stench that follows you.

Do not betray people. It is never worth it.

If you understand how powerful your thoughts were, you would never think negatively.

Every problem you are going through.

Every ounce of pain.

Every occasional disaster is a gift & an opportunity, a chance.

An opportunity to push yourself past all preconceived limits.

A moment to analyze how you got there, your mistakes & weaknesses.

God gives you battles so you show him the beauty of his creation. Will you show your ancestors the beauty of the human spirit or lay down & be beaten. You will be judged by your choice.

You are your own CEO. Hire, fire & outsource accordingly.

Why not you?

You got the brain.

You can make decision.

You can study the plan.

You can change your life.

You can become healthy.

You can become powerful.

Jealousy drives envy until they imitate, but can't emulate. After practice, delusions follow.

Everyone feels like giving up. Everyone gets told it won't work. Difference between winners & losers: winners keep working & improving every day.

How to maintain weight.

- Blood test to see what vitamins/minerals are deficient.
- Take multivitamin [not Plant-based].
- Eat unprocessed meat, eggs, oyster crab, root vegetables, berries.
- Avoid raw cruciferous vegetables (phytic acid & goitrogens).

I love it when it goes wrong. The difference between a professional & amateur.

I will win against all odds.

1. Ikigai
2. Kaizen
3. Pomodoro
4. Hara
5. Show sheen
6. Wabisabi

The strength of a nation derives from integrity of the home.

Successful people will tell you they're self-made. Unsuccessful people won't. But they're both self-made. People are afraid of assuming responsibility.

Why do we want children to wake up go on their phone tune into a stream with some geek loser screaming at the top of his voice in public.

Who is doing this.

Why are we trying to dumb down the population & permanently destroy them with garbage.

You need to learn to sit down pay attention read, focus & reflect try to find lessons in the reading get confused, read it again. Ask for help. You're going to need to study. That takes discipline.

Turtle Soup trading.

HTF

1- Continuation

2- Range

3- Reversal

Entry technique.

1- HTF PDA

2- LTF PDA used as SL

3- LTF CSP

4- Order block

5- Breaker block

Think of each day as an entire life.

Set a goal that will make stretch that far.

The greatest value is not what you get, it's what you become.

Allan Watts

Gunther Anders

Dick Proenneke

Very important question: Why not you.

Don't you remember when you first went to school. You went to kindergarten & the idea was to push along into 1st grade and then into 2nd grade and then you went high school and this was a great transition and then you needed to "up your grades" so you can get into college. When you get to college, you're still going step by step up to the "great moment" in which you're ready for the world. And there comes the struggle for success.

And again: there seems to be a ladder before you.

And suddenly, when you're 40/45, in the middle of life.

You wake up one day and say: "I've made it" "I feel the same as I've always felt".

You can't live at all, unless you can live fully now.

If they lied about Gaza/Israel and Ukraine and Libya, Syria & Iraq and lied about Vietnam & Korea. Do you think they lied about WW2? History is after all written by the victors, no?

I'm just asking a simple question. Do you think the version they've told you is the Truth?

No one cares about your excuses. Are you going to win or not?

You think safety & comfort are your friend. You'll watch them transform into regret as you get older. Befriend bravery & hardship instead.

If you feel like you're losing everything, remember that trees lose their leaves & still stand tall in the winter.

Japanese Proverb.

Never interrupt your enemy when they're making a mistake.

Napoleon.

There are men who refuse to try.

And there are men who refuse to fail.

You change a little or a lot. The choice is yours.

The only way out, is through. You take more of the thing that poisons you, until it becomes a toxic that girdles the world around you.

Words & thoughts have power. Use them.

They are tools & weapons to aid your ascension to greatness.

The beauty of living in a dark world is that light can be seen far in the distance.

Starting tomorrow, what are you going to do to change your life's direction?

You can guess what the next 5 years will be like; look at the last 5 year.

Unless, you, my key, tomorrow change it all.

Or a little

or something

or don't change.

It's choice time: You can do whatever you want.

It's nice to know you any day you can change your whole life.

Don't quit.

I don't care how long it's been, how hard it seems or how hopeless it seems.

When you quit, you don't just affect yourself, it affects the people around you.

Keep going, don't quit.

Positivity inspires positivity.

An upward spiral to monumental success.

Suddenly the champion returns with vengeance and initiative.

You dedicate your life to pain.

To the negative.

Can you do the same with anything else?

It's not what you get that makes you valuable,

It's what you become.

The key is to set the kind of goals that will make something of you.

Don't set them too low, so that you don't have to grow, or read or try.

And that, don't sell out.

Don't go for something that will cost you your virtue or your values.

Here's the middle ground: goals that will inspire, help you grow & become better than you are.

Sit tranquilly, lessen your thoughts, reduce desires, expand the mind, nourish the qi & preserve the spirit.

Xing Ming Gui Zhi in Internal Alchemy.

The adventure in your life will be found in responsibility.

You're crazy until you're successful. When you start as a small business, they say:

- you're obsessed
- get a life
- weirdo
- be realistic.

But when you're successful, they say:

- Your drive was great.
- Now you're impressive.

Where were you when I was small.

Don't become a victim of yourself.

Forget the thief after your purse. What about the thief in your mind that's after your promise.

There's nothing you can buy in a mall that you will give a fuck about in 10 years.
There's nothing for you there.

I will do good, no matter what. Absolute rejection of the idea of being victim. No matter how much suffering.

No matter how unjust & undeserving. I will not lose faith; I will do good.

Ecclesiastes 9:18.

1 Corinthian 9:19.

Isaiah 10: 1-2.

Proverbs 10:8.

Proverbs 6:20.

How do you improve as a man going to parties? you don't have an easy life. you don't have a good time.

The best men are brutally competent because their life has been filled with suffering & difficult hard tasks.

Those are the men Society loves. You're the guy everybody calls when anything happens.

When you shy away from "hard", not only are you reducing your chances of success, but you're showing everyone that you don't love them as much as you should. You should be ready to go through anything for those you love. Your love should inspire you to be better. You may not have what you want, but they will have what they want/need. It's your job. Your love means nothing if it is conditional.

The road to heaven feels like hell.

The road to hell feels like heaven.

Read that again.

Proverbs 10:17.

Proverbs 11:12.

Psalms 100:5

2 Corinthians 11:30.

Romans 12:10.

Proverbs 12:19.

Proverbs 10:11.

Luke 12:23.

Proverbs 19:21.

Proverbs 10:21.

Proverbs 10:2.

Proverbs 3:1-2.

What if I told you this was your last week of your life.

Would you complain about your crap job or the test you don't want to study for?

I doubt it. You would go to a much higher level.

If you don't sacrifice for what you want what you want becomes the sacrifice.

It's the knowledge that I'm going to die that creates the focus to being alive.

It's the urgency of accomplishing. The need to express love now & not later.

We aren't promised tomorrow.

We're gifted with moments.

Each one precious, each one different.

We never know the final number of moments we've been awarded.

It is not illegal to be smarter than your counter parties in swap transaction, nor is it improper to understand a financial product better than other people.

If you have a goal and you're getting closer, your mind produces dopamine hit. It makes you feel good & strengthens your neural networks.

It's a reward & reinforcement.

This also means, if you don't have a goal, you have no positive emotion.

The masculine essence.

Life is yours.

Death is mine.

Peace is yours.

Stress is mine.

Happiness is yours.

Sorrow is mine.

Everything is yours.

You are mine.

- A Persian poem.

You grow in proportion to the weight you take on voluntarily. There's no limit to your development.

Always do more than what you get paid for, to make an investment in yourself.

Focus your time. Knowing more things. An idle mind is the devil's workshop.

When occupy your mind to develop yourself, that is what reflects.

"Out of the abundance of the heart the mouth speaks".

The question becomes: how do you change your heart & mind?

To go from average to fortune:

Get serious.

Get smart.

Get going.

Get excited.

Get away.

Just because something is hard to obtain, doesn't mean it's valuable.

The more we seek security, the more fragile we become. The more we seek opportunity, the more secure we become.

Constantly entertained = Constantly diverted.

I have never seen a man that eats right, goes to the gym & train hard & not have a good body.

It's impossible to work hard, be in the right network & pay attention & not be rich.

You must believe everything you want is going to happen. You must see through time with a plan in place.

Focus & Fall Fast.

For my sons, you'll inherit the field. For my daughters, you'll inherit the fruit.

Life as a man is an adventure. Man was meant to sail stormy seas. You're meant to stare at the void with only a dream.

To choose a goal. And begin the journey without certain reward.

Recognize patterns. Use the pattern. Create patterns.

Every person you talk to, has a little piece of God in them. And that's who you talk to. But you have to make sure they see it in your first.

If you follow the traditional path.

School, college, job, buy house, retirement. You leave your entire life in the hands of the government. Do you think your government cares about you that much?

Example of discipline & perseverance: Cliff Young from Australia.

7 keys to double time efficiency.

1- Set clear specific goals.

2- Set clear written plan.

3- Make a list for every year every month every week every day.

4- Set priorities.

5- Concentration of Power. First things first, Second things -> Never.

6- Overcome procrastination. It's the thief of your life.

7- Keep your life in balance. Control the sequence of events & you can control your life.

Everything of importance is run in a team. That's why high-trust societies are more productive. When the average person is willing to lie, cheat or steal. -> It's over, leave.

When a bird lands on a branch, does it trust the branch or it's wings?

Psychological truth from Sigmund Freud: The more perfect a person is on outside, the more demons they have on inside.

Beware of people who seem too virtuous.

Someone that's rough around the edges, they might be your most loyal friend.